

**SMOKER DIARY**

Protocol No. PM-8450

**SMOKING DIARY**  
**PM Project #1148**

**VOLUNTEER NUMBER** \_\_\_\_\_

**VOLUNTEER INITIALS** \_\_\_\_\_

**INSTRUCTIONS FOR CIGARETTE DIARY:**

- Place a check (✓) every time you smoke a cigarette.
- Indicate the location where the cigarette is smoked.
  - Save cigarette butts in the container provided.
  - Use one sheet per day.
  - Use a pen.

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## Example

TIME	NO. FOR EACH CIGARETTE SMOKED	LOCATION
8:00-8:59 am	WW - 3 cigarettes	1-home; 2-car
9:00-9:59 am		
12:00-12:59 pm	X - 1 cigarette	1-outside
1:00-1:59 pm	X - 1 cigarette	1-in car
5:00-5:59 pm	WW - 2 cigarettes	1-outside; 1-restaurant
8:00-8:59 pm	WW - 2 cigarettes	2-bar

Volunteer Initials _____		Volunteer # _____
Cigarette Diary (24-hour period)		Date ____ / ____ / ____
TIME	NO. FOR EACH CIGARETTE SMOKED	LOCATION
12:00-12:59 am		
1:00-1:59 am		
2:00-2:59 am		
3:00-3:59 am		
4:00-4:59 am		
5:00-5:59 am		
6:00-6:59 am		
7:00-7:59 am		
8:00-8:59 am		
9:00-9:59 am		
10:00-10:59 am		
11:00-11:59 am		

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## SMOKER DIARY

TIME	(✓) FOR EACH CIGARETTE SMOKED	LOCATION
12:00-12:59 pm		
1:00-1:59 pm		
2:00-2:59 pm		
3:00-3:59 pm		
4:00-4:59 pm		
5:00-5:59 pm		
6:00-6:59 pm		
7:00-7:59 pm		
8:00-8:59 pm		
9:00-9:59 pm		
10:00-10:59 pm		
11:00-11:59 pm		

Volunteer Initials _____		Volunteer # _____
Cigarette Diary (24-hour period)		Date ____ / ____ / ____
TIME	(✓) FOR EACH CIGARETTE SMOKED	LOCATION
12:00-12:59 am		
1:00-1:59 am		
2:00-2:59 am		
3:00-3:59 am		
4:00-4:59 am		
5:00-5:59 am		
6:00-6:59 am		
7:00-7:59 am		
8:00-8:59 am		
9:00-9:59 am		
10:00-10:59 am		
11:00-11:59 am		

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TIME	(#) FOR EACH CIGARETTE SMOKED	LOCATION
12:00-12:59 pm		
1:00-1:59 pm		
2:00-2:59 pm		
3:00-3:59 pm		
4:00-4:59 pm		
5:00-5:59 pm		
6:00-6:59 pm		
7:00-7:59 pm		
8:00-8:59 pm		
9:00-9:59 pm		
10:00-10:59 pm		
11:00-11:59 pm		

Volunteer Initials _____		Volunteer # _____
Cigarette Diary (24-hour period)		Date ____/____/____
TIME	(#) FOR EACH CIGARETTE SMOKED	LOCATION
12:00-12:59 am		
1:00-1:59 am		
2:00-2:59 am		
3:00-3:59 am		
4:00-4:59 am		
5:00-5:59 am		
6:00-6:59 am		
7:00-7:59 am		
8:00-8:59 am		
9:00-9:59 am		
10:00-10:59 am		
11:00-11:59 am		

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# **SMOKER DIARY**

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TIME	(✓) FOR EACH CIGARETTE SMOKED	LOCATION
12:00-12:59 pm		
1:00-1:59 pm		
2:00-2:59 pm		
3:00-3:59 pm		
4:00-4:59 pm		
5:00-5:59 pm		
6:00-6:59 pm		
7:00-7:59 pm		
8:00-8:59 pm		
9:00-9:59 pm		
10:00-10:59 pm		
11:00-11:59 pm		

Volunteer Initials _____		Volunteer # _____
Cigarette Diary (24-hour period)		Date ____/____/____
TIME	(✓) FOR EACH CIGARETTE SMOKED	LOCATION
12:00-12:59 am		
1:00-1:59 am		
2:00-2:59 am		
3:00-3:59 am		
4:00-4:59 am		
5:00-5:59 am		
6:00-6:59 am		
7:00-7:59 am		
8:00-8:59 am		
9:00-9:59 am		
10:00-10:59 am		
11:00-11:59 am		

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**SMOKER DIARY**

Protocol No. PM-8450

TIME	(✓) FOR EACH CIGARETTE SMOKED	LOCATION
12:00-12:59 pm		
1:00-1:59 pm		
2:00-2:59 pm		
3:00-3:59 pm		
4:00-4:59 pm		
5:00-5:59 pm		
6:00-6:59 pm		
7:00-7:59 pm		
8:00-8:59 pm		
9:00-9:59 pm		
10:00-10:59 pm		
11:00-11:59 pm		

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